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FOR IMMEDIATE RELEASE

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YOUNGER RESIDENTS ENCOURAGED TO GET VACCINATED; COUNTY REPORTS THREE NEW CASES

WINNEMUCCA, Nev.— Experts have made it clear: to overcome the COVID-19 pandemic, Americans need to get vaccinated.

Humboldt County Health Officer Charles Stringham, MD, said that includes younger Americans, some of whom still are hesitant or may think they don't have as much to fear from the virus.

Everyone 12 and older is currently eligible for a COVID-19 vaccine. But a recent Quinnipiac University poll found that 36 percent of adults under the age of 35 don't plan on getting one.

However, Dr. Stringham said to suppress the spread of the virus, somewhere between 70 percent to 85 percent of the U.S. population needs to be immune; so far, roughly 50 percent of the country has received at least one COVID-19 vaccine dose and about 40 percent is fully vaccinated, according to CDC data.

"The more people are vaccinated, the fewer opportunities the virus has to not only transmit but to further mutate," said Dr. Stringham. "Those mutations have fueled spikes in several states recently, hitting younger people particularly hard."

While younger people tend to experience a milder form of the illness, Dr. Stringham said "long COVID" appears to have no age limits.

"Even for young people who consider their risk of severe COVID to be low, the long-term consequences can be quite serious," he explained, noting that Americans are reporting dozens of persistent post-COVID symptoms including fatigue, headaches, memory loss, gastrointestinal problems, muscle aches, heart palpitations and loss of smell.

"It's one vaccine versus a host of potential issues," said Dr. Stringham. "I encourage all community residents, age 12 and older, to get vaccinated against COVID-19."

Current vaccination opportunities are available at the local Walmart and Ridley's Pharmacies as well as the Office of the Community Health Nurse.

Humboldt County has been notified of three more positive cases of COVID-19, raising the overall total to 1202. In all, the county has 1182 recovered cases and six active cases. One COVID-19 patient is currently hospitalized locally and 14 county residents have died.

Based on available information, close contacts of the newest Humboldt County cases are being notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

Case #	Gender	Age Range	Contact	Status
1202	Man	60s	Investigation in progress	Self-isolating
1201	Woman	20s	Investigation in progress	Self-isolating
1200	Man	40s	Investigation in progress	Self-isolating

The following vaccination opportunities are available to Humboldt County residents:

- **Ridley's Pharmacy** is offering the Moderna and Johnson & Johnson vaccines to Humboldt County residents age 18 and older. Visit app.acuityscheduling.com/schedule.php?owner=22007397 and follow the prompts to schedule the vaccine at the Winnemucca store.
- **The Walmart Pharmacy** in Winnemucca is offering COVID-19 vaccines to all individuals age 18 and older. Participants will receive the two-dose Moderna vaccine. Visit Walmart.com/COVIDvaccine and follow the prompts to view available appointments.
- **The Community Health Nurse** is offering vaccination appointments for Humboldt County residents age 12 and older. Vaccine type depends on availability. Please call (775) 623-6575 to schedule.

Local COVID-19 information is available in Spanish [@CovidEspanol](#). Humboldt County COVID-19 updates and information are available in English at [@HumboldtCountyNV](#), at www.hcnv.us and at [The Humboldt County Report](#).

Humboldt County has established a COVID-19 vaccine recorded information line in both English and Spanish. Call (775) 375-3200 to hear the latest about vaccine allocations, local distribution opportunities and changes as they occur. The line is updated with new information every Friday (not including holidays), or as needed. Information is also available by emailing vaccine@humboldtcountynv.gov.

Humboldt County has a supply of personal protective equipment, including facial masks and hand sanitizer, available to local businesses. To request supplies, businesses should call the Humboldt County Comptroller's office at (775) 623-6467.

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