

# Humboldt County Health Board

Humboldt County Courthouse  
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FOR IMMEDIATE RELEASE

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## HUMBOLDT COUNTY REPORTS SEVEN NEW CASES, 1040 TOTAL CONFIRMATIONS

WINNEMUCCA, Nev.—Humboldt County has been notified of seven more positive cases of coronavirus disease 2019 (COVID-19), raising the overall total to 1040.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

Case #	Gender	Age Range	Contact	Status
1040	Woman	40s	Investigation in progress	Self-isolating
1039	Woman	40s	Investigation in progress	Self-isolating
1038	Woman	40s	Investigation in progress	Self-isolating
1037	Man	30s	Investigation in progress	Self-isolating
1036	Female	Child	Investigation in progress	Self-isolating
1035	Male	Child	Investigation in progress	Self-isolating
1034	Man	40s	Investigation in progress	Self-isolating

One COVID-19 patient is currently hospitalized locally and 13 county residents have died. Humboldt County has at least 27 active cases, although multiple testing sites, hospitalizations and other factors make it difficult to provide an exact number.

Humboldt County Health Officer Charles Stringham, MD, said he gets a lot of questions asking why the state, the nation and the world are taking COVID-19 so seriously when most people's infection only results in a mild illness.

Dr. Stringham said while it is true that not all people are at risk for a severe case of the virus, "all of us are at risk for contracting the virus and then spreading it to others—maybe without every realizing we're sick," he said.

Dr. Stringham continued, "As a community we have taken steps to slow the spread of the virus. Now, we must continue to take personal responsibility to protect ourselves and our loved ones."

Dr. Stringham said the virus kills about 2 percent of the people it infects, but hospitals are filled with those who are severely ill—and who may see long-term repercussions from the virus over the coming months and years.

“Our case numbers are easing, but it is still very important to continue to wear a mask and maintain an appropriate distance from anyone not of your same household,” he said.

“These things may seem small and insignificant, but for a vulnerable person who may become severely ill, it may mean the difference between health, or hospitalization and even death.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers drive-thru screening for asymptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch), and by-appointment screening with a provider for symptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch; call 775-623-5222, ext. 1379 to schedule an appointment). Located at 51 E. Haskell Street, across from Humboldt General Hospital.
- **Golden Valley Medical Center** - Private clinic owned by Nevada Gold offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.
- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

Humboldt County has established a COVID-19 vaccine recorded information line. Call (775) 375-3200 to hear the latest about vaccine allocations, local distribution opportunities and changes as they occur. The line will be updated with new information every Monday and Thursday, or as needed.

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