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Humboldt County Health Board

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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY REPORTS 150 TOTAL CONFIRMATIONS, 21 ACTIVE CASES

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 150.

Overall, 122 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, seven were identified through the Golden Valley Medical Center, eight were identified through testing at the Ridley's Pharmacy, and 12 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 58 tests, with 57 negative and one result pending. Any positives through the Community Health Nurse are reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe reports 96 total cases; 79 were confirmed through the Fort McDermitt Wellness Center, eight were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 890 tests, 92 people have recovered, one person has died, and the tribe has three active cases.

Based on available information, close contacts of the newest Humboldt County case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest case follows:

- Case 150 – A woman in her 80s, whose case remains under investigation. She is self-isolating at home.

Of the previous 149 cases, 125 have recovered, 18 are self-isolating, two are hospitalized, and four have died; Humboldt County has 21 active cases.

With flu viruses and the virus that causes COVID-19 both spreading this fall and winter, Humboldt County Health Officer Charles Stringham, MD, said it's more important than ever to try to protect people at increased risk for severe illness.

“Among adults, the risk for severe illness from COVID-19 increases with age,” said Dr. Stringham. “Each decade brings more risk, especially for those with underlying medical conditions such as heart disease, lung disease, diabetes or cancer.”

Given these risk factors, Dr. Stringham said it’s critical for Humboldt County residents to be extremely cautious around older adults.

“Do everything you can to keep them safe,” he said, “including wearing a mask, washing hands frequently, using separate bathroom and shower facilities if possible and, of course, maintaining an appropriate social distance.”

Still, the doctor advised that physical distancing doesn’t have to mean isolation or loneliness. “There are many ways to keep older adults engaged and involved without jeopardizing their health,” he said.

Dr. Stringham said if older adults do begin to show signs of illness, getting them to medical help is very important.

“Older adults may have more severe symptoms and will need to be evaluated to determine their level of needed care,” he said. “Take every precaution to prevent illness, but if older adults do experience any COVID-like symptoms, act swiftly.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

The Humboldt General Hospital Screening Clinic has moved to the HGH West Campus, located at 51 E. Haskell Street. From 8 a.m. to 4:30 p.m. Monday through Friday, the clinic offers drive-thru screening for asymptomatic and symptomatic persons with a doctor’s order only. Those who are experiencing severe COVID-like symptoms should go directly to the HGH Emergency Department.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen’s and Ridley’s pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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