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Mike Bell, County Commissioner

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# Humboldt County Health Board

Humboldt County Courthouse  
50 West Fifth Street Room 205  
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FOR IMMEDIATE RELEASE

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## **HUMBOLDT COUNTY REPORTS 126 TOTAL CONFIRMATIONS, 12 ACTIVE CASES**

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 126.

Overall, 109 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, four were identified at the Golden Valley Medical Center, and 12 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 58 tests, with 57 negative and one result pending. Any positives through the Community Health Nurse will be reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe reports 90 total cases; 76 were confirmed through the Fort McDermitt Wellness Center, five were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 775 tests, 89 people have recovered, one person has died, and the tribe has no active cases.

Based on available information, close contacts of the newest Humboldt County case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 126 – A man in his 50s, whose case remains under investigation. He is self-isolating at home.

Of the previous 125 cases, 110 have recovered, 11 are self-isolating and four have died; Humboldt County has 12 active cases.

Humboldt County Health Officer Charles Stringham, MD, reminded consumers who have individual health insurance, or who are covered by their employer, that they are able to obtain free testing for COVID-19.

Dr. Stringham said insurance companies are required to cover—with no out-of-pocket cost—testing for COVID-19 and the visit to a provider's office, an urgent care center, a center for emergency

medical care, an emergency room, or a COVID-19 screening or testing site when the purpose of the visit is to be tested for COVID-19 for a symptomatic individual.

“The cost of COVID-19 testing should not be a deterrent for local residents seeking medical care if they have been exposed or if they have symptoms,” he explained. “As we know, testing is essential to limit exposure to others and to obtain any needed medical attention or treatment.”

Local residents who have health insurance and need to get tested for COVID-19 should start first by calling their doctor’s office and alerting them that they may have been exposed regardless if they have symptoms or not and ask for a referral on how, where, and when to get tested.

Residents who do not have health insurance or who are covered by other non-healthcare plans are also encouraged to get tested. Health departments, medical centers and even commercial businesses are offering testing at very low or no cost, whether persons have symptoms or not.

“The important thing is to be tested,” said Dr. Stringham. “Not only is that an essential part of our community’s plan to stop the spread of this virus, but it is essential to each resident’s well-being, to ensure they are cared for during this difficult time.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Beginning Monday, September 28, the Humboldt General Hospital Screening Clinic will move to the HGH West Campus, located at 51 E. Haskell Street. From 8 a.m. to noon Monday through Friday, the clinic will offer drive-thru screening for asymptomatic persons with a doctor’s order only. Those who are experiencing COVID-like symptoms should call their doctor and quarantine at home, or visit the HGH Emergency Department in the case of severe symptoms.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen’s and Ridley’s pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.