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Dr. Charles Stringham

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Mike Bell, County Commissioner

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# Humboldt County Health Board

Humboldt County Courthouse  
50 West Fifth Street Room 205  
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

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## **HUMBOLDT COUNTY REPORTS 122 TOTAL CONFIRMATIONS, EIGHT ACTIVE CASES**

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 122.

Overall, 108 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, one was identified at the Golden Valley Medical Center, and 12 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 58 tests, with 57 negative and one result pending. Any positives through the Community Health Nurse will be reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe reports 90 total cases; 76 were confirmed through the Fort McDermitt Wellness Center, five were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 725 tests, 89 people have recovered, one person has died, and the tribe has no active cases.

Based on available information, close contacts of the newest Humboldt County case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 122 – A woman in her 40s, whose is a close contact of a previously reported case. She is self-isolating at home.

Of the previous 121 cases, 110 have recovered, seven are self-isolating and four have died; Humboldt County has eight active cases.

Humboldt County Health Officer Charles Stringham, MD, continues to remind Humboldt County residents who have attended a recent large gathering, or who meet other recommended guidance, to get tested for COVID-19 as soon as possible to help limit the spread of the virus in the community.

“This virus can be spread by people who have the virus but aren’t exhibiting symptoms yet,” said the doctor, “or it can be spread by people who will never experience symptoms. Until a vaccine becomes available, testing will continue to be an important part of our community’s strategy to fight COVID-19.”

Dr. Stringham recommends a COVID-19 test if:

- You have symptoms of COVID-19, including fever, cough, or shortness of breath.
- You have been in close contact with someone who has a confirmed or possible case of COVID-19.
- You were in a setting where you were exposed to a large crowd, and people were not wearing face coverings or maintaining social distancing.
- You are planning to visit someone at high risk for COVID-19 illness, including people 65 years of age and older or people with serious medical conditions.

“I encourage anyone with suspected symptoms or circumstances to be tested,” said Dr. Stringham. “By testing and contact tracing, we can lessen the impact of COVID-19 in our community.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Beginning Monday, September 28, the Humboldt General Hospital Screening Clinic will move to the HGH West Campus, located at 51 E. Haskell Street. From 8 a.m. to noon Monday through Friday, the clinic will offer drive-thru screening for asymptomatic persons only. Those who are experiencing COVID-like symptoms should call their doctor and quarantine at home, or visit the HGH Emergency Department in the case of severe symptoms.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen’s and Ridley’s pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.