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Dr. Charles Stringham

Board Members,

Ken Tipton, County Commission Chair

Marlene Brissenden, County Commissioner

Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

# Humboldt County Health Board

Humboldt County Courthouse  
50 West Fifth Street Room 205  
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

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## **HUMBOLDT COUNTY REPORTS TWO NEW CONFIRMATIONS, 85 TOTAL RECOVERED**

WINNEMUCCA, Nev.— Humboldt County has been notified of two more positive cases of coronavirus disease 2019 (COVID-19), raising the county's total to 104.

Ninety-two of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, and 11 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 46 tests; 44 tests have been negative and two results are pending. Any positives through the Community Health Nurse will be reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe has 67 total cases; 59 were confirmed through the Fort McDermitt Wellness Center, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 345 tests, 15 people have recovered, and the tribe has 52 active cases.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 104 – A woman in her 30s, who is a close contact of a previously reported case. She is self-isolating at home.
- Case 103 – A woman in her 60s, whose case remains under investigation. She is self-isolating at home.

Of the previous 102 cases, 85 have recovered, 13 are self-isolating and four have died; Humboldt County has 15 active cases.

Humboldt County Health Officer Charles Stringham, MD, told members of the Humboldt County Health Board at their August 6 meeting that fighting the coronavirus involves many "dizzying complexities and moving parts" on federal, state and local levels.

Even Governor Steve Sisolak's newly announced [road to recovery plan](#) employs complex testing, case rate and positivity rate measurements to assess the status of each county each week.

"All of those complex, moving parts are important to check our progress—to ensure we are moving in the right direction," said Dr. Stringham.

But the doctor quoted Director of the National Institute for Allergy and Infectious Diseases Dr. Anthony Fauci in saying that "we will not test our way out of this virus."

Dr. Stringham said, "In the end, prevention is the way we will win this; it all comes down to our behavior and three basic things: mask wearing, social distancing and hand washing."

Dr. Stringham added, "If we do those three things, this virus goes away."

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a mask if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

The Humboldt General Hospital Screening Clinic continues to test symptomatic and exposed residents from 8 a.m. to 5 p.m. Monday through Friday. The clinic may be accessed from the ramp entrance on Mizpah Street. Residents should call (775) 623-5222, ext. 1379, to alert staff and then wait for assistance.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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