

Chair & County Health Officer,

Dr. Charles Stringham

Board Members,

Ken Tipton, County Commission Chair

Marlene Brissenden, County Commissioner

Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

Humboldt County Health Board

Humboldt County Courthouse
50 West Fifth Street Room 205
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

Contact: Nicole Maher, PIO
Humboldt County Health Board
Phone: (775) 761-2624
Email: nicole@winnemucca.net

NEWEST COVID-19 CASE RAISES HUMBOLDT COUNTY TOTAL TO 89

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), bringing the county's total to 89.

In all, Humboldt General Hospital has completed 1,185 tests; 62 results are pending.

Eighty of the cases were identified through Humboldt General Hospital, one was identified through community-based screening, and eight were confirmed out of area.

Based on available information, close contacts of the newest case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information follows:

- Case 89 – A female in her 50s, who is a close contact of a previously reported case. She is self-isolating at home.

Of the previous 88 cases, 76 have recovered, seven are self-isolating and four have died; Humboldt County has nine active cases.

At the Thursday, July 9, meeting of the Humboldt County Board of Health, Humboldt County Health Officer Charles Stringham, MD, acknowledged that the fight against COVID-19 has created two distinct camps: those whose focus is on safety and those whose main goal is to fully reopen the economy.

However, the doctor said the intentions of the two groups are not mutually exclusive. "We can focus on safety and fully reopen the economy," he said. "In fact, safety is what will ensure our economic success."

Dr. Stringham said the county's COVID-19 cases continue to demonstrate that infection is primarily happening through person-to-person contact. "So the key is to limit contact, whether at a business or at a gathering," he said.

The doctor said choosing to do the right things in public situations is akin to wearing a seat belt while driving a car. "You can drive the car without the seat belt, but your risk goes up astronomically; the

same is true about participating in public situations without socially distancing or wearing a mask.”

The doctor added, “The simple solution is to do both: Ease back into your regular activities, but make sure you have your safe practices in place.”

To help fight COVID-19, please:

- Stay home to limit exposure, and wear a mask if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Free cloth masks are available to community members at the Olsen’s and Ridley’s pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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