

Chair & County Health Officer,

Dr. Charles Stringham

Board Members,

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Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

Humboldt County Health Board

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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY CONFIRMS ONE NEW COVID-19 CASE, RAISING TOTAL TO 88

WINNEMUCCA, Nev.— Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), bringing the county's total to 88.

In all, Humboldt General Hospital has completed 1,181 tests; 48 tests are pending.

Seventy-nine of the cases were identified through Humboldt General Hospital, one was identified through community-based screening, and eight were confirmed out of area.

Based on available information, close contacts of the newest case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information follows:

- Case 88 – A woman in her 20s, who is a close contact of a previously reported case. She is self-isolating at home.

Of the previous 87 cases, 76 have recovered, seven are self-isolating and four have died; Humboldt County has eight active cases.

Humboldt County Health Officer Charles Stringham, MD, said Nevada began reporting record numbers of COVID-19 cases late last month; however, the state did not initially see a corresponding surge in hospitalizations.

One reason may be that young people, who are less likely to become seriously ill from coronavirus, have been testing positive at higher levels.

According to the state's latest statistics, 21 percent of positive tests in the state fall within the 20-29 demographic; the next largest group, the 30-39 demographic, make up 19 percent of all cases.

However, on Monday, Nevada recorded 800 hospitalization cases, its highest count yet; the state also recorded its third-highest single-day increase in COVID-19 cases at 876.

"It's not difficult to see what's happening," said Dr. Stringham. "When you see a lot of younger people

getting sick, it's only a matter of time before they come in contact with older people—usually older family members—who are at greater risk and therefore may experience more serious health outcomes.”

The doctor said he hopes people of all ages in Humboldt County will take the necessary precautions to protect those around them.

“We must do the right things—for those we love, and even for those we don't even know,” he said. “We must wear masks and we must maintain at least six feet of distance from others not of our household.”

Dr. Stringham added, “Even if we believe this virus might not be dangerous to us personally due to our age or health status, it most certainly could have dire consequences if spread to others.”

To help fight COVID-19, please:

- Stay home to limit exposure, and wear a mask if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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